



Patient Name: \_\_\_\_\_

DOB: \_\_\_\_\_

**Limitations on Confidential Nature of Communications**

Communications between a licensed psychologist, psychiatrist, licensed clinical social worker, or licensed professional counselor and the patient are confidential and will not be released without the expressed authorization of the patient. However, certain communication may occur where confidentiality is limited. They are as follows:

- Should a provider believe the patient is a threat to others or themselves
- When records are ordered to be released by a Judge or Court
- When information involves child abuse or abuse of the elderly
- When information is given about the transmission of contagious or transmittable diseases
- Should the patient’s account be turned over to an attorney/collection agency for non-payment
- When you are determined incapacitated by your health care provider information may be given to your guardian or medical power of attorney

I acknowledge that I understand and agree to the above payment policy and limitations of confidentiality.

\_\_\_\_\_  
Patient/Parent/ Responsible Party

\_\_\_\_\_  
Date

\_\_\_\_\_  
Staff

\_\_\_\_\_  
Date

**Consent to Treat**

I understand that as in all types of medical and psychological treatment, there are certain risks. This includes the general risk that there may be emotional pain, stress, and/or life changes associated with mental health treatment helps many individuals, it is not always completely effective. I hereby give written consent for mental health treatment. My clinician will inform me of other specific treatment risks that may be involved in my case, and/or I will ask any questions I may have about specific treatment risks.

\_\_\_\_\_  
Patient/Parent/ Responsible Party

\_\_\_\_\_  
Date

# Understanding Health Information Privacy

The HIPAA Privacy Rule provides federal protections for individually identifiable health information held by covered entities and their business associates and gives patients an array of rights with respect to that information. At the same time, the Privacy Rule is balanced so that it permits the disclosure of health information needed for patient care and other important purposes. HMC can receive and share health information with other health professionals and hospitals who are treating you.

The Security Rule specifies a series of administrative, physical, and technical safeguards for covered entities and their business associates to use to assure the confidentiality, integrity, and availability of electronic protected health information.

By completing below, I am acknowledging that I have read the Highland Medical Center's Privacy Notice, have been offered a copy, and had an opportunity to ask question.

**Printed Name of Patient:** \_\_\_\_\_

**Date of Birth of Patient:** \_\_\_\_\_

**Printed Name of Guardian, if appropriate:** \_\_\_\_\_

**Signature of Patient or Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## RELEASE OF INFORMATION

Often it is difficult to reach a patient to convey physician orders or test results. In this event, with your signed authorization, we would release such information to a person you designate. Please complete the section below.

I authorize Highland Medical Center, Inc. to release any information required in the course of my examination or treatment to the following designated person(s):

### PLEASE CIRCLE WHICH ONE IS YOUR EMERGENCY CONTACT

Name: \_\_\_\_\_ Relationship & Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship & Phone #: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship & Phone #: \_\_\_\_\_

## ADVANCE DIRECTIVE (Living Will/ Medical Power of Attorney)

An Advance Directive is a legal document that states your wishes regarding medical treatment in the event that you are unable to communicate these decisions. *It is very important that all of your healthcare providers have a current copy of these documents.*

\_\_\_\_\_ I HAVE completed an Advance Directive.

**Copy provided to HMC? Yes / No**

\_\_\_\_\_ I HAVE NOT completed an Advance Directive.

I would like more information. Yes / No

**Behavioral Health – Pediatric Psychosocial**

**Identifying Information**

**Date:** \_\_\_\_\_

Name of Child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Current School: \_\_\_\_\_ Current Grade: \_\_\_\_\_ Referral Source: \_\_\_\_\_

Child's Preferred Pronouns: She/Her He/Him They/Them Other: \_\_\_\_\_

Mother/Stepmother Name: \_\_\_\_\_ Father/Stepfather Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_

**Presenting Problem:** (Please circle all that apply)

Very unhappy	Impulsive	Fire-setting
Irritable	Stubborn	Stealing
Temper outbursts	Disobedient	Lying
Withdrawn	Infantile	Sexual trouble
Daydreaming	Mean to others	School performance
Fearful	Destructive	Truancy
Clumsy	Trouble with the law	Bed-wetting
Overactive	Running away	Soiled pants
Slow	Self-mutilating	Learning problems
Short attention span	Head banging	Sleeping problems
Distractible	Rocking	Sickly
Undependable	Strange behavior	Alcohol use
Lacks initiative	Shy	Tobacco use
Peer conflict	Strange thoughts	Phobic
Strange thoughts	Suicide talk	Dependency on drugs

Explain: \_\_\_\_\_

\_\_\_\_\_

What are your primary goals for therapy, what do you want to see accomplished?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_



**Siblings (please indicate if step-siblings)**

Name	Age	Sex	School/Grade or Occupation	Living at home (yes or no)	Known use or treatment for drug abuse past or present (yes or no)

List all other extended family members by their relation to the patient who has drug and/or alcohol problems (legal or illegal), history of depression, Self-destructive behavior, or legal problems.

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**Child Health Information:**

Please note all health problems the child has had or has now.

	Age		Age
High Fevers		Dental Problems	
Pneumonia		Weight Problems	
Flu		Allergies	
Encephalitis		Skin Problems	
Meningitis		Asthma	
Convulsions		Headaches	
Unconsciousness		Stomach Problems	
Concussions		Accident-prone	
Head Injury		Anemia	
Fainting		High or Low Blood Pressure	
Dizziness		Sinus Problems	
Tonsils Out		Heart Problems	
Vision problems		Hyperactivity	
Hearing Problems		Earaches	
Infectious Diseases (explain)		Other Illnesses (explain)	

Has the child ever been hospitalized? Yes No

Age: \_\_\_\_ How Long: \_\_\_\_\_ Reason: \_\_\_\_\_

Has the child ever been seen by a medical specialist? Yes No

Age: \_\_\_\_ How Long: \_\_\_\_\_ Reason: \_\_\_\_\_

Has the child ever taken or are they currently on any prescribed medications? Yes No

Age: \_\_\_\_ How Long: \_\_\_\_\_ Reason: \_\_\_\_\_

**Developmental History:**

Was the child planned for? Yes No Were there any pregnancy complications? Yes No

Please explain any complications or illness during pregnancy: \_\_\_\_\_

Length of pregnancy: \_\_\_\_\_ If Premature, how early? \_\_\_\_\_

If overdue, how late: \_\_\_\_\_ Birth weight: \_\_\_\_\_ Delivery: \_\_\_\_\_

Did the infant require oxygen or blood at delivery? Yes No

Did mother use/abuse alcohol/drugs during pregnancy? Yes No

**Early Social Development:**

Child's relationship with their siblings and peers:

Individual Play Group Play Competitive Cooperative Leadership Role Follower

Describe any special habits, fears, or idiosyncrasies of the child: \_\_\_\_\_

**Educational History:**

Type of classes:	Regular	Learning disability	Continuation
	Opportunity	Advanced	Other

Has the child skipped a grade? Yes No

Has the child repeated a grade? Yes No

Does the child have specific learning difficulties? Yes No

Has the child ever had a tutor or other special help with schoolwork? Yes No

Does the child attend school on a regular basis? Yes No

Does the child appear motivated for school? Yes No

Has the child ever been suspended or expelled? Yes No

**Academic Performance:**

Highest grade on last report card? \_\_\_\_\_

Lowest grade on last report card? \_\_\_\_\_

Favorite subject? \_\_\_\_\_

Least favorite subject? \_\_\_\_\_

Does the child participate in extracurricular activities? Yes No

In school, how many friends does the child have? A lot A few None

What are the child's educational aspirations? Quit Graduate College Tech/Vocational

Has the child had special testing in school? **Psychological** Yes No **Vocational** Yes No

If yes, what were the results? \_\_\_\_\_

List child's special interests, hobbies, skills: \_\_\_\_\_

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Family History	Depression	Anxiety	Bipolar Disorder	Schizophrenia	ADHD/ADD	Trauma History	Abusive Behavior	Alcohol Abuse	Drug Abuse	Incarceration
Mother										
Father										
Sister										
Brother										
Maternal Uncle										
Paternal Uncle										
Maternal Aunt										
Paternal Aunt										
Maternal Grandmother										
Paternal Grandmother										
Maternal Grandfather										
Paternal Grandfather										

Has the child ever had difficulty with the police? Yes No

Has the child ever appeared in juvenile court? Yes No

Has the child ever been on probation? Yes No

If yes to any of the above, please explain.

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**Current Functioning:**

Do you have concerns about your child in the following areas?

Eating      Hygiene/Grooming      Sleeping      Activities/Play      Social Relationships

Please rate your child’s personality/temperament (how they behave the majority of the time in each of the following areas in a scale from 1 to 7. (Please circle the number that best describes your child:

Can sit still and listen for long periods of time	1	2	3	4	5	6	7	Can't sit still and listen for long periods of time
Enjoys routine; easily upset when day doesn't go as usual	1	2	3	4	5	6	7	Enjoys doing things differently; may not notice small changes in the day
Anxious- usually frustrated and worried	1	2	3	4	5	6	7	Calm- usually relaxed
Happy- usually enjoys what he/she is doing	1	2	3	4	5	6	7	Sad- usually unhappy; hard time having fun
Curious- usually eager to know something	1	2	3	4	5	6	7	Timid- usually not interested
Angry- easily frustrated and annoyed	1	2	3	4	5	6	7	Calm- usually composed and peaceful
Mild reaction- calm and cooperative easily pushed around by others	1	2	3	4	5	6	7	Strong reaction- may cry or yell over small things
Will stick to something until it is done	1	2	3	4	5	6	7	Gives up on tasks or has trouble finishing things
Learns by seeing, touching and using all of his/her senses	1	2	3	4	5	6	7	Has a strong reaction to noise, lights, hugging, or touching
Sympathetic to others; can use words to tell how he/she feels	1	2	3	4	5	6	7	Unaware of the feelings of others
Often fearful with new people and new situations	1	2	3	4	5	6	7	Will easily meet and accept new people and activities
Stays focused on tasks until completed	1	2	3	4	5	6	7	Easily sidetracked; difficulty following directions

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

**PHQA  
(Age 11-17)**

**How often have you been bothered by the following over the past 2 weeks?**

0- None; 1- Several days; 2- More than half the days; 3- Nearly every day

1) Have you been feeling down, depressed, irritable, or hopeless	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
2) Have you had little interest or pleasure in doing things	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
3) Have you had trouble falling or staying asleep, or sleeping too much	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
4) Have you had a poor appetite, weight loss, or overeating	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
5) Have you been feeling tired or having little energy	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
6) Have you been feeling bad about yourself or that you are a failure or have let yourself or your family down	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
7) Have you had trouble concentrating on things, like schoolwork, reading, or watching TV	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
8) Have you been moving or speaking so slowly that other people could have noticed? Or so fidgety or restless that you have been moving a lot more than usual	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
9) Have you had thoughts that you would be better off dead, or of hurting yourself in some way	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
10) In the past year have you felt depressed or sad most days, even if you felt okay sometimes?	<b>Yes</b>		<b>No</b>	
11) If you are experiencing any of the problems on this form, how difficult have these problems made it to do work, take care of things at home, or get along with others?	<b>None Somewhat Very Extremely</b>			
12) Has there been a time in the past month when you have had serious thoughts about ending your life?	<b>Yes</b>		<b>No</b>	
13) Have you ever, in your whole life, tried to kill yourself or made a suicide attempt?	<b>Yes</b>		<b>No</b>	

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

**GAD7**  
 (Age 12 and up)

**How often have you been bothered by the following over the past 2 weeks?**

0- None; 1- Several days; 2- More than half the days; 3- Nearly every day

1) Have you been feeling nervous, anxious, or on edge	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
2) Do you feel that you have not been able to stop or control worrying	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
3) Have you been worrying too much about different things	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
4) Have you had trouble relaxing	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
5) Do you feel that you have been so restless that you find it hard to sit still	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
6) Have you been becoming easily annoyed or irritable	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
7) Have you been feeling afraid as if something awful might happen	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>
8) If you checked any problem, how difficult have they made it for you to do your work, take care of things at home, or get along with other people?	<b>None</b> <b>Somewhat</b> <b>Very</b> <b>Extremely</b>			